

Upcoming Workplace Health & Safety Training Sessions

February 2017



Public Services Health & Safety Association (PSHSA) works with Ontario's Public and Broader Public Sector employers and workers, providing occupational health and safety training, resources and consulting to reduce workplace risks and prevent occupational injuries and illnesses. These are just a few of the sessions we have coming up.

New From PSHSA

Inclement Weather Notices

Given the unpredictable nature of winter weather, PSHSA has created an Inclement Weather Notice on our website, where we will provide updates on the status of training courses in the event of inclement weather.

Click [here](#) to see the status of your course. The link is also available at the top of our website.

Building a PTSD Prevention Plan

Webinar

On April 23, 2017 organizations within the first responder community are being asked to submit their PTSD Prevention Plans to the Minister of Labour. PSHSA will be hosting webinars on how to create a PTSD prevention plan for your organization. This webinar will help organizations prepare for this by providing information about:

#FIRSTRESPONDERSFIRST

- Ontario's PTSD Prevention Strategy
- The PTSD Prevention Framework and [firstresponderfirst.ca](#) toolkit and resources available to help you build a plan
- Components of a PTSD Prevention Plan

Webinars will be running on the following dates:

February 3, 2017

The webinars are \$20 per person/organization, and will run from 9:00am-10:30am.

For more information and resources, go to [firstrespondersfirst.ca](#).

If you have questions about the webinars, or your prevention plan, contact PTSDPlanInfo@pshsa.ca.

Building a PTSD Prevention Community of Practice

Workshop

Come to a one-day workshop where you will be able to work with a PSHSA expert to develop a basic PTSD Prevention Plan. This workshop will help you establish your organizational goals, roles and responsibilities. It will also help you identify the mechanisms you will use to recognize exposures, understand intervention options and establish crisis intervention management process. At the end of this session, you will have draft policies and procedures as well as key messages for communications plan.



This workshop is applicable to Emergency Services, and is \$150/per organization.

Upcoming sessions:

Kitchener: [February 9, 2017](#)

Chatham: [February 22, 2017](#)

Toronto: [February 10, 2017](#)

Thunder Bay: [February 23, 2017](#)

Orillia: [February 16, 2017](#)

Kingston: [February 24, 2017](#)

Ask A Mental Health Expert

Webinar

Join us for a webinar where you can have a conversation with Dr. Ash Bender regarding your PTSD Prevention Plan development.

Dr. Bender was the subject matter expert who helped develop the PTSD Prevention Plan Framework for [FirstRespondersFirst.ca](#). Dr. Bender is an Occupational Psychiatrist and Assistant Professor with the Faculty of Medicine at the University of Toronto. At CAMH, he is a staff psychiatrist and former Medical Head of the Work, Stress and Health program, which is a multidisciplinary program specializing in the assessment, treatment and research of occupational disability. Dr. Bender has several publications in the area of workplace mental health and has conducted research focused on the management of psychological injury in the workplace.

The webinar is one hour in length and is \$50.

Space is extremely limited!

[February 14, 2017](#)

[February 28, 2017](#)

Fatigue Awareness Classroom Training

Fatigue has the ability to affect a person both mentally and physically. Fatigue increases the chances of making errors at work, therefore making it a workplace health and safety risk.

Applicable to any sector, this awareness course aims to provide a better understanding of fatigue and the importance of sleep. Those who take the course will gain a comprehensive perspective on the risks associated with fatigue and the intervention and prevention strategies that can be implemented.



[Learn more](#)

Health and Safety Representative eLearning

As per the Occupational Health and Safety Act, Ontario workplaces with 6-19 employees regularly employed and no Joint Health and Safety Committee (JHSC) are required to have a health and safety representative. The main purpose of a health and safety representative is to

improve workplace health and safety. Primarily, a health and safety representative identifies workplace hazards and makes recommendations for improvement.



PSHSA's Health and Safety Representative training program covers the fundamentals of workplace health and safety including responsibilities and duties, legal requirements under the Occupational Health and Safety Act, hazard recognition and control, workplace inspection and investigation techniques and prevention resources. This eLearning course will cover the essentials of the role, including how to:

- Identify and control hazards,
- Resolve health and safety complaints and issues,
- Participate in investigations of work refusals,
- Develop, implement and monitor programs,
- Inspect the workplace on a regular basis, and to
- Investigate incidents and accidents such as critical injuries and fatalities

[Learn more](#)

General Courses

JHSC Certification Part 1

Blended Training Program - FREE TRIAL

We encourage you to complete the eLearning component of our course for **free**. If you are happy with your eLearning trial you may purchase the full course at any time to attend the classroom component! By clicking [Try It](#), you will be provided with access to the eLearning component of our JHSC Certification Part 1 Blended Training Program.



Appropriate for all sectors, this program is the first part of the training process for individuals to be certified under guidelines established and enforced by the Ministry of Labour. Workplaces that regularly have 20 or more employees must have at least two personnel that have completed the certification training.

Upon completion, participants will understand the relevant legislation, their legal rights and responsibilities, common workplace hazards and key steps to addressing these hazards.

The JHSC Certification Part 1 - Blended Training Program is made up of two parts: JHSC Certification Part 1 eLearning (2 modules, 6.5 Hours total) JHSC Certification Part 1 Classroom Session + Evaluation (2 Days).

At the end participants will:

1. Understand relevant legislation.
2. Understand their legal rights and responsibilities.
3. Learn about common workplace hazards.
4. Learn key steps to addressing these hazards.

[Learn more](#) about the **FREE** trial.

Toronto: [February 13, 2017](#)

Kingston: [March 8, 2017](#)

Hamilton: [February 14, 2017](#)

Mississauga: [March 28, 2017](#)

Ottawa: [February 15, 2017](#)

JHSC Certification Part 1

Classroom Training Program

This program is the first part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Minister of Labour.

Appropriate for all sectors, this 3-day program assists JHSC members with issues particular to their work environment. Management and worker members receive training in

the significant hazards found in their workplace.
At the end participants will:

1. Understand relevant legislation.
2. Understand their legal rights and responsibilities.
3. Learn about common workplace hazards.
4. Learn key steps to addressing these hazards.



Essex: [February 6, 2017](#)

Hamilton: [March 21, 2017](#)

Barrie: [February 14, 2017](#)

Chatham: [March 28, 2017](#)

Etobicoke: [February 21, 2017](#)

Toronto: [March 28, 2017](#)

Thorold: [March 7, 2017](#)

JHSC Certification Part 2

General Workplace Specific Hazards Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

This program assists JHSC members with issues particular to their work environment. Management and worker members receive training in the significant hazards found in their workplace.



At the end participants will be able to:

1. Identify the hazards commonly found in educational and cultural settings
2. Describe how they may cause injury or illness
3. Effectively recognize and assess these sector specific hazards
4. Outline methods for controlling them

Participants will also learn about relevant legislation, standards and guidelines.

Toronto: [February 7, 2017](#)

Etobicoke: [March 14, 2017](#)

Hanover: [February 15, 2017](#)

Ottawa: [March 15, 2017](#)

Mississauga: [March 6, 2017](#)

Working at Heights Training Program

Blended

The Working at Heights Blended Training program is made up of two parts:

1. Working at Heights Basic Theory eLearning Module (3 hours)
2. Working at Heights Practical Classroom Module + Evaluation (1/2 Day - 1 Day depending on # of participants)

The program includes information about how to work at heights safely, as well as practical application of skills.



Upon completion, you will know the hazards, how to protect yourself and ensures you know how to properly use, inspect, don and doff your equipment.

This training is applicable to all employees at all levels across all sectors whom work at heights.

Reminder: those who received their Working at Heights certification prior to April 1, 2015 must complete an approved Working at Heights training program by April 1, 2017. There was a two-year transition period for workers to meet the fall protection training requirements set out in subsection 26.2(1) of the Construction Projects Regulation. PSHSA is an approved training provider and its program meets the MOL's Working at Heights Training Standard.

Working at Heights Training Program

Traditional Classroom

This full day program includes information about how to work at heights safely, as well as practical application of skills.

Upon completion, you will know the hazards, how to protect yourself and ensure you know how to properly use, inspect, don and doff your equipment.

This training is applicable to all employees at all levels across all sectors whom work at heights.



Reminder: those who received their Working at Heights certification prior to April 1, 2015 must complete an approved Working at Heights training program by April 1, 2017. There was a two-year transition period for workers to meet the fall protection training requirements set out in subsection 26.2(1) of the Construction Projects Regulation. PSHSA is an approved training provider and its program meets the MOL's Working at Heights Training Standard.

Chatham: [February 9, 2017](#)

London: [March 6, 2017](#)

Markdale: [February 28, 2017](#)

Health and Community

JHSC Certification Part 2

Health and Community Care Sector Specific Hazards Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

The course is the second part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Ministry of Labour.

The 2 day course assists JHSC members with issues particular to their work environment. Management and worker members receive training in the significant hazards found in healthcare settings.



At the end participants will be able to:

1. Identify the hazards commonly found in community care and group home settings.
2. Describe how they may cause injury or illness.
3. Effectively recognize and assess these sector specific hazards.
4. Outline methods for controlling them.

Participants will also learn about relevant legislation, standards and guidelines.

Ottawa: [March 21, 2017](#)

London: [March 28, 2017](#)

Etobicoke: [March 22, 2017](#)

Government, Municipal and Public Safety

JHSC Certification Part 2

Government and Municipalities Sector Specific Hazards Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

The course is the second part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Ministry of Labour.

This 2 day course assists JHSC members with issues particular to government & municipalities' settings. Management and worker members receive training in the significant hazards found in their workplace.



At the end participants will be able to:

1. Identify the hazards commonly found in government & municipalities' settings.
2. Describe how they may cause injury or illness.
3. Effectively recognize and assess these sector specific hazards.
4. Outline methods for controlling them.

Participants will also learn about relevant legislation, standards and guidelines.

Waterloo: [March 8, 2017](#)

Sarnia: [March 22, 2017](#)

Burlington: [March 8, 2017](#)

JHSC Certification Part 1

Classroom Training Program

Emergency Workers

This program is the first part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Ministry of Labour. Workplaces with 20 or more regular employees must have at least two personnel who have completed the certification training.



Upon completion of Certification Part One, participants will understand the relevant legislation as well as their legal rights and responsibilities. Participants will also learn about common workplace hazards and key steps to addressing these hazards. This knowledge will prepare participants to carry out workplace inspections and accident investigations, and enable them to function effectively as JHSC members.

This course is suitable for workers in the Emergency Services sectors: Police, Fire, and EMS.

Orillia: [March 20, 2017](#)

Education

JHSC Certification Part 2

Education - Workplace Hazard Specific Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

The program assists JHSC members with issues particular to their work environment. Management and worker members receive training in the significant hazards found in their workplace.



At the end participants will be able to:

1. Identify the hazards commonly found in educational and cultural settings
2. Describe how they may cause injury or illness
3. Effectively recognize and assess these sector specific hazards
4. Outline methods for controlling them

Participants will also learn about relevant legislation, standards and guidelines.

Contact Us

For questions about these courses, contact one of our [Regional Consultants](#).

For questions regarding #FirstRespondersFirst, PTSD Webinars or Workshops: PTSDPlanInfo@pshsa.ca

For General Inquiries: (416) 250-2131

