

Appendix Q – Client Mobility Assessment Summary Form

Questions	Yes	No
Can the client bear weight through one leg or both arms, when moving from one surface to another?		
Is the client consistent and reliable in bearing weight?		
Can the client communicate with you?		
Can the client follow commands?		
Is the client free from pain or medical devices that may interfere with carrying out the procedure?		
Is the client co-operative and non-aggressive?		
Is the client's ROM suitable for performing a transfer?		
Is the client's strength suitable for performing a transfer?		
Are the client's mobility and balance suitable for performing a transfer?		
Analysis	Transfer Procedure If all answers are Yes	Lift Procedure* If any answers are No
Identify the type of transfer or lift		
Also ensure: <ul style="list-style-type: none"> • All equipment and environmental factors are suitable • All caregivers are able to perform the task 		

* If a client is classified as lift and is unable to use a mechanical lift, a lateral slide/transfer procedure may be considered.