

Appendix S – Client Mini-Assessment (C.A.R.E.)

Client Mini-Assessment (C.A.R.E.)	
Before moving a client check for:	
Communication	
• Change in ability to communicate?	<input type="checkbox"/> Yes
• Change in ability to follow simple commands?	<input type="checkbox"/> No
• Change in eye contact?	
Ability	
• Change in medical condition?	<input type="checkbox"/> Yes
• Change in physical ability (strength, active movement of limbs and trunk)?	<input type="checkbox"/> No
• Change in range of motion?	
• Change in energy level?	
• Change in mental alertness?	
Resistance	
• Change in participation or co-operation level?	<input type="checkbox"/> Yes
• Change in level of aggression?	<input type="checkbox"/> No
Equipment/Environment	
• Change in availability of equipment and correct accessories (e.g., slings)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
• Changes travel path (e.g. obstacles)?	
• Change in equipment function and position?	
• Correct positioning of bed, equipment, etc.?	

No: If the answer to all of the following questions is No, the caregiver can proceed with the prescribed procedure.

Yes: If the answer to one or more of the questions is Yes, the ongoing client assessment should be completed to determine an appropriate procedure.