Appendix U – Client Mobility Assessment Algorithm for Transfers

The client mobility assessment determined that: The client is able to follow directions and co-operate; has sufficient range of motion, strength and coordination in the trunk, arms and legs to allow a safe transfer; and is able to weight-bear (WB) through at least one leg or both arms.

The next step is to determine a safe type of transfer method.

- **Can client fully WB through at least one leg or both arms independently?**
  - Yes
  - No

  - **Does client need verbal guidance or reminders?**
    - Yes
    - No

- **Can the client weight-bear through at least one leg and needs assistance?**
  - Yes
  - No

  - **Can client transfer with assistance of 2 caregivers, one on each side?**
    - Yes
    - No

  - **Can 2 caregivers stabilize the client’s knees & trunk for a safe pivot transfer?**
    - Yes
    - No

  - **Can 1 caregiver stabilize the client’s knees & trunk for a safe pivot transfer?**
    - Yes
    - No

- **Assumptions**
  Clients with unique conditions or circumstances may require additional assistance and specialized equipment (e.g., bariatric clients).