

Health & Safety Anywhere



Safe Environments.
Healthy Workers.



PSHSA.ca



Seeking Candidates for PSHSA's Board of Directors

COVID-19 has created an unprecedented focus on OHS in our province and beyond. We're looking for 2-3 new Board Members to join us as we welcome the future of health and safety in Ontario. Please submit your application by **August 7, 2020**.



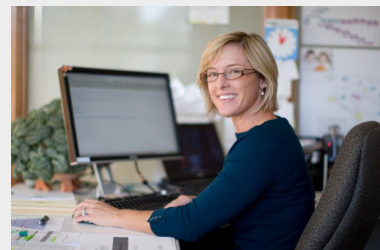
[Apply Today](#)

AVAILABLE NOW: Health & Safety Training at a Safe Distance

Our regional training calendar now includes online Distance Learning! Distance Learning sessions are delivered virtually by the instructor in real-time on a scheduled date and time. This training option provides participants with the same critical occupational health and safety content and access to expert guidance as the classroom equivalent.

Courses offered via Distance Learning are listed on the training calendar as "Online Learning".

[Browse Distance Learning](#)



Home Office Wellness Bootcamp

Working at your dining room table on a hard wooden chair? Cozying up on your couch with your laptop? Working without the proper ergonomic setup is an occupational hazard as it significantly increases your risk of developing a number of musculoskeletal conditions.

Even though you may not have access to a fancy ergonomic office chair or sit-stand desk doesn't mean the environment can't be modified for the better. Join us as we touch on some of the most common ergonomic challenges in the home setting as well as guide participants through exercises to combat common injuries associated with desk jobs.

[Register Now](#)



#RTWp Virtual Conference Session Recordings Available on YouTube

Designed for organizational leaders, PSHSA's #RTWp virtual conference took place on June 16, 2020 to explore how COVID-19 has impacted the *people* we work with, the *places* we work, and the *things* we do at work. The conference featured speakers including **Dr. Michael Ungar**, Professor of Social Work at Dalhousie University, **Dr. Peter Smith**, Senior Scientist at the Institute for Work & Health, **Dr. Vivien Lee**, Psychologist and Founder of the Centre for Trauma Recovery and Growth, and more!

RTWp

STAY SAFE. LEARN. INTERACT. LEAD.

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Session recordings will be released over the next several weeks on PSHSA's YouTube channel to enhance resource and information sharing and support more organizations.

Watch
Now



Operational Stress Injury (OSI) - Are You At Risk?

Complete our free, confidential assessment for real-time results regarding your risk level and tips for maintaining or improving your score.



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Public Consultation on CSA Z1008, Management of Impairment in the Workplace

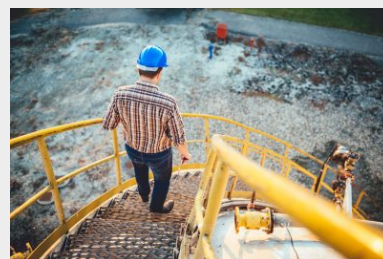
There is still time to comment on the CSA Group's draft standard on managing impairment in the workplace. The public review period for CSA Z1008, Management of Impairment in the Workplace, ends on **July 31, 2020**.



Have Your
Say

New Report: Determining the Work-relatedness of Cancer

In January 2019, the Ontario Ministry of Labour, Training and Skills Development commissioned a report on the work-relatedness of occupational cancer. The purpose of the review was to inform how scientific evidence can best be used to determine the work-relatedness of occupational cancer claims. The report contains 11 recommendations to improve the recognition and adjudication of workplace cancers.



Read the Report



COVID-19 Resources for Employers & Workers

Visit our **COVID-19 Resource Centre** for job guidance for employers & workers, tools and resources for planning a safe & sustainable return to the workplace, and more. As always, please **contact your consultant** with any specific occupational health & safety questions you may have.

Health & Safety Anywhere is your resource for legislative updates, current trends and all things health and safety. You are receiving this email because you opted in to receive regular updates from PSHSA. To unsubscribe at any time, please click the link below.



