

Health & Safety Anywhere



Safe Environments.
Healthy Workers.



PSHSA.ca



NOW AVAILABLE: JHSC Certification Part 1 eLearning

Mandatory Joint Health & Safety Committee (JHSC) certification training is now available online in Ontario! PSHSA's JHSC Certification Part 1 eLearning is one of the first online programs to be approved by the Ministry of Labour, Training and Skills Development, and features a positive, immersive experience that reflects the very best in instructional design and technology. **Register today to access special, introductory pricing!**

[Learn More](#)



Get Ready for Home Office Ergonomics Wellness Bootcamp!

Working without the proper ergonomic setup is an occupational hazard as it significantly increases your risk of developing a number of musculoskeletal conditions. Even if you don't have access to a fancy ergonomic office chair or sit-stand desk doesn't mean the environment can't be modified for the better! Join us as we discuss common ergonomic challenges in the home setting and guide you through exercises to combat them.

[Register Now](#)



Occupational Stress Injury (OSI) - Are You At Risk?

Complete our free, confidential assessment for real-time results regarding your risk level and tips for maintaining or improving your score.



PSHSA.ca



Safe Environments.
Healthy Workers.

UPCOMING WEBINARS

A Sensory Approach to Coping with Stress in Times of Uncertainty

There is a heightened sense of uncertainty all around us - around the economy, employment, finances, relationships, and of course, our physical and psychological well-being. Sensory processing is the way we respond to the various types of information in our environment. In this webinar we will discuss a sensory approach to chronic stress, and how to identify our own stressors and sensory needs. We will also review steps that organizations can take to support workers in addressing these challenges.

Knowing When to Disconnect: Using Technology Safely in the Workplace



Thursday, September 10, 2020
12:00 - 1:00 PM

[Register Now](#)

In many ways, technology has made businesses safer and the work we do on a day-to-day basis more efficient. When utilized appropriately, technology connects us to a vast wealth of resources and knowledge. When used inappropriately, it can have significant effects on our physical and mental health. In this webinar we will explore some of the physical and psychological changes that occur in our body when we are "connected" to technology and common technology-induced injuries. We will also discuss how to harness the benefits of technology without risking your physical or psychological health.



Thursday, September 17, 2020
12:00 - 1:00 PM

[Register Now](#)

Is Your Organization Preparing to Open Its Doors?

Ontario businesses are adapting to new health and safety parameters to help stop the spread of COVID-19. Make sure your business is pandemic ready. WSIB's Health and Excellence Program can help your business meet the challenges of operating safely during a pandemic. Get in touch to learn more about the program's customizable plans and materials.



[Learn More](#)

CLASS IS ALWAYS IN SESSION

JHSC Certification Part 1 *eLearning* is now available.

Enroll Now

JHSC Certification
Part 1 *eLearning*:

\$299

Limited Time Bundle Offer

JHSC Certification
Part 1 *eLearning* + Part 2
Training starting at:

\$599



For more information
and to register visit

pshsa.ca/JHSC-eLearning

Save the Date! XXII World Congress Digital Meeting Takes Place October 5-6

A FREE online Special Session will take place on **October 5-6, 2020** with a focus on COVID-19 and OSH. Thought leaders will discuss emerging innovations in addressing COVID-19 in the workplace, how the future of work is being shaped by the global pandemic, and the relevance of promoting a culture of prevention to addressing COVID-19.

[Learn More](#)



Public Review: CSA Z1008 Implementation Guideline

The Canadian Standards Association has released the draft of CSA Z1008.1 - *The CSA Z1008 Implementation guideline — A practical guide to implementing the CSA Z1008 Standard* for a 60-day public consultation period. This follows from the release of the public review draft of the related Z1008 Standard which closed July 31, 2020. The purpose of CSA Z1008.1 is to provide guidance on the requirements of *CSA Z1008 Management of Impairment in the Workplace*, with a focus on providing guidance for impairment due to substances use. The Draft will be available for public comments until **October 1, 2020**.



[Access the
Guide](#)

Upcoming Distance Learning Courses



PSHSA's Distance Learning is facilitator-led training delivered online in real-time. The instructor teaches in a virtual classroom, leading learners through discussions and exercises while providing ongoing feedback and support throughout the live session. Distance Learning ensures remote access to the health and safety training Ontario workers need and provides participants with the same critical content and access to expert guidance as the classroom equivalent.

**JHSC Certification Part 1
Distance Learning**

**JHSC Certification Part 2
Distance Learning**

**JHSC Refresher Distance
Learning**



COVID-19 Resources for Employers & Workers

Visit our **COVID-19 Resource Centre** for job guidance for employers & workers, tools and resources for planning a safe & sustainable return to the workplace, and more. As always, please **contact your consultant** with any specific occupational health & safety questions you may have.

Health & Safety Anywhere is your resource for legislative updates, current trends and all things health and safety. You are receiving this email because you opted in to receive regular updates from PSHSA. To unsubscribe at any time, please click the link below.

