

# Health & Safety Anywhere



Safe Environments.  
Healthy Workers.



PSHSA.ca



## April 28 is the National Day of Mourning

On this Day of Mourning, we remember those who have died, been injured or suffered illness in the workplace. Join us in honouring their lives and showing support for the many families, friends and coworkers whose lives have been deeply affected by these tragedies. Today, make a donation to **Threads of Life**, attend a **virtual ceremony** and **light a digital candle** to spread awareness around the importance of workplace health and safety.



Join  
Us

## How Resilient Are You?

From everyday challenges to traumatic personal events, we have to adapt to change. There is no clear roadmap as we are all affected differently, but it is our resilience that guides us to a more balanced life, enabling us to cope, overcome and thrive. **ResilientME** is a free, self-guided microlearning program that focuses on 6 areas, incorporating highly effective strategies designed to increase your capacity for resilience.

Resilient  E

Get  
Started

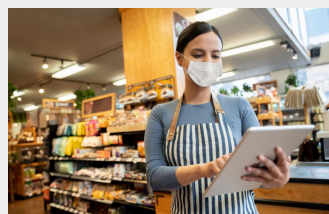


**Getting vaccinated as soon as you are eligible is the best way to protect you and those around you from COVID-19**



## **Conducting an Infectious Disease Risk Assessment**

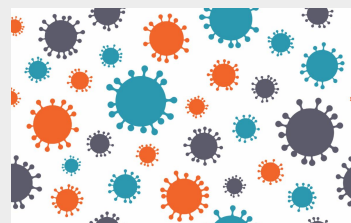
Identifying and assessing an organization's infectious disease risk is the first step in preventing infectious disease exposure. Conducting an Infectious Disease Risk Assessment (IDRA) enables workplaces to identify and assess risks, determine controls and develop an action plan, and it is an important component of every workplace's Health and Safety Management System.



[Read More](#)

## **PPE in Non-Healthcare Workplaces During COVID-19**

This new fact sheet is designed to assist organizations and the frontline worker in understanding the benefits and limitations of the various types of facial PPE so they can make informed decisions about selection.



[Learn More](#)



## Get Rewarded for Improving Workplace Health & Safety

Register for the Health and Safety Excellence Program at  
**[pshsa.ca/excellence](https://pshsa.ca/excellence)**



**PSHSA.ca**

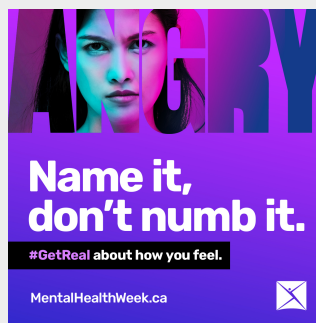
Health and Safety  
Excellence program  
Approved provider  
**wsib** 2021

### #GetReal for Mental Health Week May 3-9

This Mental Health Week, the Canadian Mental Health Association invites you to **#GetReal** about how you feel. Naming, expressing and dealing with our emotions - the ones we like and the ones we don't - is important for our mental health.

The workplace is an important support system and resource to help workers build and strengthen resiliency. This Mental Health Week, learn more about **resources to improve employees' capacity for resilience** and promote positive mental health in the workplace.

**Get Involved**



### New Funding Opportunity from WSIB

The WSIB Grants Program is seeking applications for a new funding competition and will be awarding one successful application for a systematic review of the scientific evidence examining if occupational asbestos exposure causes gastro-intestinal cancers.



Workplace Safety  
& Insurance Board

**Learn More**

# Infection Prevention and Control at Work: Basic Awareness Training

[pshsa.ca/ipacelearning](https://pshsa.ca/ipacelearning)



PSHSA.ca



Safe Environments.  
Healthy Workers.



Free, Online  
Training for all  
Workplaces

## Upcoming Distance Learning Courses

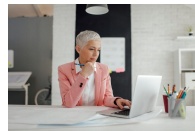


### JHSC Certification Refresher *Distance Learning*

May  
11

May  
18

May  
20



### JHSC Certification Part 1 *Distance Learning*

May 4-6

May 11-  
13

May 18-  
20

May 25-  
27



### JHSC Certification Part 2, All Workplaces *Distance Learning*

Jun 2-3

Jun 8-9

Jun 22-  
23



### JHSC Certification Part 1 (français) *Distance Learning*

May 18-  
20



### Health & Safety for Leaders *Distance Learning*

May 27-  
28



### R2 for Leaders: Building Resilient Organizations *Distance Learning*

Coming Soon

[Browse All Distance Learning](#)



## COVID-19 Resources for Employers & Workers

Visit our [COVID-19 Resource Centre](#) for information about how to protect yourself, what to do if you're experiencing symptoms, job guidance for employers and workers, and more. As always, please [contact your Consultant](#) with any specific occupational health & safety questions you may have.

**Health & Safety Anywhere** is your resource for legislative updates, current trends and all things health and safety. You are receiving this email because you opted in to receive regular updates from PSHSA. To unsubscribe at any time, please click the link below.

