

# Health & Safety Anywhere



Safe Environments.  
Healthy Workers.



PSHSA.ca



**Health & Safety Anywhere** is your resource for PSHSA news, products and services, legislative updates, current trends and all things health and safety.

## We're hiring a health and safety consultant (Ottawa), government and education

If you are a health and safety professional in the Ottawa area looking for an opportunity to belong to an organization of like-minded, experienced and passionate people, here's your chance.

We are looking for a health and safety consultant to provide health and safety training, support, guidance and advice to the government and education customers in the Ottawa region.

**Apply by December 23, 2022 at 4 pm.**

[Learn more](#)



## Does it fit? Research into paramedic PPE

Researchers from the University of Toronto and Ontario Health are looking at how respirators fit during intense paramedic tasks such as performing CPR or lifting patients. And they need volunteers.

Volunteers will be given an anonymous, simulated fit test. They will also have an opportunity to provide their thoughts, concerns, and improvement suggestions to researchers.

The data from the research will be compared against the Canadian Standard Association's respirator fit standards. It will also be used to help shape future policy decisions.



[Click here for more information about the study and how to volunteer](#)

# HAPPY HOLIDAYS

On behalf of PSHSA's Board of Directors, leadership and staff, we wish you and your family health, wellness and peace this holiday season.



Public Services Health  
& Safety Association

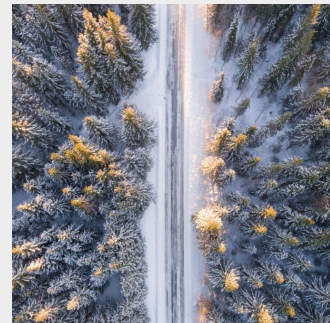
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Our offices will be closed from December 26, 2022 to January 2, 2023. See you in the new year!

## BLOG: Working in a winter wonderland

Do you work outside in cold temperatures like roadwork or emergency services? What about moving care recipients between locations, or simply driving to and from work in icy conditions? Consider the hazards that come with winter weather.

[Learn more](#)



## Ensure the health and safety of your workers with PSHSA's mandatory compliance training programs

To help improve the occupational health and safety for Ontario's workforce, the government mandates certain workplaces and employees have health and safety training. PSHSA offers the courses and training that will ensure your compliance and that you are on the right track to keeping your workers safer and healthier.

Courses offered:

- Joint Health and Safety Committee (JHSC) Certification and Refresher
- Working at Heights
- WHMIS 2015
- Office of the Fire Marshal and Emergency Management (OFMEM)
- Health & Safety Awareness for Supervisors & Workers

[Learn more](#)



Get the flu shot,  
not the flu



[ontario.ca/flu](https://ontario.ca/flu)



## Twelve days of holiday fire safety

Keep yourself, your loved ones and your workplace safe from fires during the holiday season. Participate in the *12 Days of Holiday Fire Safety* and follow the important safety tips provided by the [Ontario Association of Fire Chiefs](#).

[Learn  
more](#)

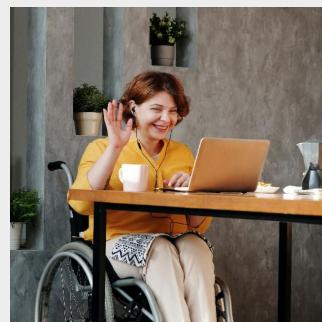


## New year, new you

Make your organization's new years resolution to create and or review existing health and safety programs to protect your workers.

Contact a PSHSA consultant today to get started on creating a more healthier & safer place to work.

[Learn  
more](#)



## Updates from Ontario's Prevention System

### Share your input to help develop a modern approach to delivering benefits for workers

December 16, 2022 is the last day to provide your input on the Ontario government's new plan to expand health, vision and

dental care to millions of workers.

Learn  
more



## WSIB 2023 premium rates

The average premium rate for Ontario businesses in 2023 remains steady at \$1.30 per \$100 of insurable payroll, the lowest it has been in more than twenty years.

Starting in January 2023, the WSIB will no longer mail paper statements of account, premium rate statements or claim detail statements. Your WSIB account statements will be available exclusively through their online services.



Learn  
more

## Upcoming Training

*We've upgraded our online training registration and delivery platform. For support or assistance or to access purchases made before June 30, 2022, please contact our Client Experience Team at [clientexperience@pshsa.ca](mailto:clientexperience@pshsa.ca).*

## FEATURED COURSE

### JHSC Refresher - Distance Learning

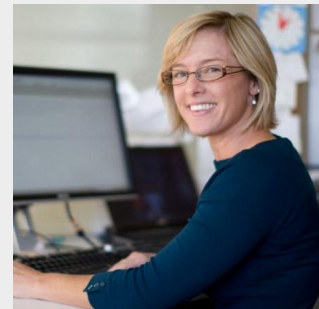
*Do you need to complete a JHSC Refresher course in the new year? We've got you covered!*

JHSC members who became certified after March 1, 2016 are required to complete JHSC Refresher Training within three years of being certified and every three years thereafter to maintain certification status.

#### Topics covered include:

- The Occupational Health and Safety Act
- Rights, duties and responsibilities of JHSC members
- The RACE method for recognizing, assessing and controlling health and safety hazards, and evaluating hazard controls with the Hazard Management Tool
- Recent updates to OHS laws and best practices
- Plans to improve effectiveness of the JHSC

Refresher is also a great opportunity for JHSC members to share and discuss best practices and challenges experienced while on the JHSC.





**When:**  
January 19, 2023

[Learn more and  
register](#)

## Distance Learning

*Distance Learning is facilitator-led training delivered online in real-time, providing participants with the same critical content and access to expert guidance as the classroom equivalent.*



**JHSC Certification Part 1**



**JHSC Certification Part 2,  
General Workplace  
Specific Hazards**



**JHSC Certification  
Refresher**

January  
31

January 2

January  
19

February 7

January  
31

January  
26

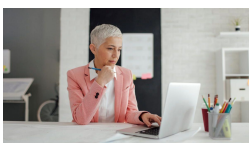
February  
14

February 2

January  
31

[Browse all distance learning  
courses](#)

## eLearning



**JHSC Certification  
Part 1**



**Health and Safety  
Representative**



**Infection  
Prevention and  
Control**



**ResilientME**

[Register](#)

[Register](#)

[Register](#)

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[Browse all eLearning  
courses](#)



## Questions about COVID-19 in the workplace? Visit the PSHSA's COVID-19 Resource Centre

For the latest information about how to protect yourself, what to do if you're experiencing symptoms, job guidance for employers and workers, and more, visit our [COVID-19 Resource Centre](#). As always, please [contact your consultant](#) with any specific occupational health & safety questions you may have.

**Have You Missed Any of Our Past Newsletters?** Fret not! They can be found [on our website](#).

**Health & Safety Anywhere** is your resource for legislative updates, current trends and all things health and safety. You are receiving this email because you opted in to receive regular updates from PSHSA. To unsubscribe at any time, please click the link below.



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